



As a leadership development consultant, certified coach, mediator and facilitator, Ann utilizes her over 20 years of executive experience to improve the performance of organizations and individuals. Her focus is on improved and courageous communication to enable clients to address conflict and adapt to change.

By instilling confidence and courage, Ann partners with clients so that individuals clear whatever hurdle is blocking their future success; and organizations effectively embrace change, unify purpose/vision and breakdown silos.

Ann focuses on the specifics of goals – not generalities, the power that attitude holds in success and the importance of self-awareness in becoming a good leader. She is an effective personal sounding board – responding to concerns with insightful feedback and asking questions to prompt self-examination.

Ann is a credentialed coach by the International Coach Federation, a certified mediator (Supreme Court of Virginia), Certified Facilitator (Association Talent Development), and a Gallup Strengths Coach. She is certified to conduct the following assessments: DISC, Values, and Gallup Strengths.

She is a graduate of Leadership Arlington, an active member of the Arlington Chamber of Commerce, a former board member of the Northern Virginia Mediation Service, and a past Vice President of the Women Alliance for Financial Education. Finding Resolution Consulting is a (SWaM) Small, Women-owned & Minority-owned Certified Business. More information can be found at: www.findingresolution.net.